

HOLY ROSARY CATHEDRAL

Cathedral Church of the ARCHDIOCESE OF REGINA

3125-13th Avenue, Regina, Saskatchewan, S4T 1P2

Holy Rosary Cathedral is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

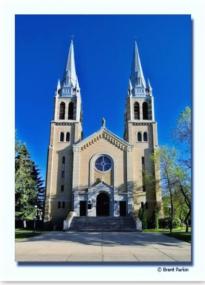


Archbishop of Regina Coat of Arms

MISSION STATEMENT

Archdiocese of Regina Coat of Arms

We, the Catholic Community of Holy Rosary Cathedral Parish, under the Patronage of Our Lady, are called to be a caring, outreaching church, proclaiming and celebrating our faith with all who seek a relationship with Christ.



, went shop of regina

Most Rev. Donald Bolen Archbishop of Regina

Rev. Danilo Rafael

Administrator/Rector

Rev. Scott Lewis, S.J.

Sunday Ministry

Rev. Mr. Barry Wood

Assisting Deacon



REGULAR MASS TIMES

Sunday 9 AM, 11 AM, 7 PM

Tuesday-Friday 9 AM Saturday 9 AM

CONFESSIONS

Saturday 8 AM

PARISH OFFICE HOURS

Monday-Thursday 9 AM - 4 PM & Friday 9 AM - 1 PM

Closed: Saturdays, Sundays, and Holidays

Email: holyrosary@myaccess.ca
Website: www.holyrosaryregina.ca

FB: www.facebook.com/HolyRosaryReginaSK

PARISH OFFICE

2104 Garnet Street

Regina, SK S4T 6Y5 Tel: 306-565-0909

Fax: 306-522-6526

Hall: 306-525-5595

PASTORAL COUNCIL MEMBERS

Representatives:

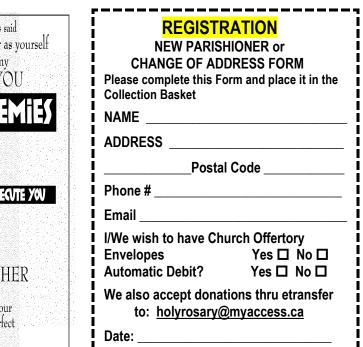
CWL Shannon Chapple
Ecumenism Gillian Brodie
Finance Jim Hall, Paul Malone
Knights of Columbus G.K. Raul Roduta
Liturgy Bradley Hanowski
St. Vincent de Paul Carol Schimnosky
Social Justice Bernadette Kutarna

You have heard that it was said
You shall love your neighbor as yourself
and hate your enemy
BUT I SAY TO YOU

LOVE YOUR ENEMIES

That you may be
CHILDREN
of your
HEAVENLY FATHER

so be perfect just as your
Heavenly Father is perfect



HOLY ROSARY CATHEDRAL

Seventh Sunday in Ordinary Time

February 19, 2023

Celebrant: Rev. Danilo Rafael

Lectors, EMHC, Cantors and Music Ministry						
Readings:		Leviticus 19:1-2, 17-18	1 Corinthians 3:16-23	Matthew 5:38-48		
		9 AM	11 AM	7 PM		
Lectors	1st 2nd	Margaret Molloy Carla Plosker	Adriana Marella-Wolfe Tyler Wolfe	Jet Trapane Susan Letourneau		
ЕМНС		Aseret Ruiz Palacios Andrea Vasquez	Deacon Barry Wood Carolyn McKinnon Joanne Skidmore	Randell Trapane Chidinma Obidegwu		
Cantor/Choir		Angela Montano	Patrice Krueger	Melodies to the Lord		
Music		Director: Evanne Wilhelm	AM Organist: Barbara Zerr	Organ Scholar: Jessy Stroeder		

Prelude						
Processional Hymn	CBW 565 Praise, My Soul, the King of Heaven					
Kyrie & Gloria	9 AM CIS 5.2, 5.3					
Kyrie & Gloria	11 AM Heritage Mass					
Psalm 103						
0						
6,4						
4						
The Lord	is mer - ci - ful and gra - cious.					
Gospel Acclamation	CBW 247					
Offertory Hymn	9:00 am CBW 625 Love Divine, All Loves Excelling					
	11:00 am (Choir will sing) Alleluia					
Communion Hymn	9:00 am CBW 601 Gather Us Together					
-						
	11:00 am CBW 393 Something Which is Known					





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Grant, we pray, almighty God, that, always pondering spiritual things, we may carry out in both word and deed that which is pleasing to you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

"But I say to you, love your enemies and pray for those who persecute you..."Matthew 5:44

Love your enemies, easier said than done. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our hearts, and turns our attention away from "me," and moves it toward God and others. It changes my heart and actions, allowing for a little more empathy for "my enemy." When we pray for others, even our enemies, it may soften their hearts as well.

INCOME TAX 2022 RECEIPTS ARE READY!



Please pick up your tax receipt located at the back tables near the main entrance. All parishioners and visitors who donated \$10 or greater in cash/cheque/e-transfer using

their offertory/green envelopes or contributed by automatic debit to the parish will receive a tax-deductible receipt. Some of the receipts were sent by email. **Thank you for your continuing support of our parish.**

ASH WEDNESDAY MASSES AT THE CATHEDRAL

On Ash Wednesday, February 22. Masses are as follows: **9:00 am – Presider is Fr. Dan Rafael**

7:00 pm – Presider is Archbishop Donald Bolen



You can still drop off your palms from last year in the bin at the back of the Church. The palms are burned to use as ashes on Ash Wednesday, February 22.

RITE OF ELECTION

The Rite of Election of Catechumens in the RCIA process throughout the archdiocese will be held at Holy Rosary Cathedral on Sunday, February 26 at 3:00 pm. Archbishop Emeritus James Weisgerber will be the presider. All are invited to join with those preparing for full initiation into our faith community this Easter!

REFUGEE SPONSORSHIP GROUP

Our heartfelt gratitude and thanks to ALL the volunteers who participated in getting the February 10 supper for refugee sponsorship organized and delivered!! And thank you to everyone who came! Also, thank you to those who could not come and still donated tickets or money. WOW! We have now finished our fundraising for this family. If all goes well, as we ask prayerfully, we should expect their arrival sometime this spring or summer with gratitude to the Holy Spirit within and around everyone. Blessings!

DEVELOPMENT & PEACE/CARITAS CANADA

The Share Lent time for the Canadian Catholic Organization for Development & Peace/Caritas Canada begins with Ash Wednesday. During Lent, there will be information in the bulletin, meeting the first mandate given to us by the CCCB of 'Education in Canada'. Solidarity Sunday will be the second mandate of sharing our resources, occurring on the Fifth Sunday of Lent. Please find here the 2023 Solidarity Sunday calendar. Thank you!

CWL MEMBERSHIP

Annual CWL membership fees are now due. Please contact Margaret at (306) 352-2908 for more information.

KNIGHTS OF COLUMBUS

Knights Of Columbus 2023 membership fees are due. Please place it in the offertory basket labeled "KofC Dues" or e-transfer it to: tbw2010@live.ca. Payment is due by Feb. 28. Contact Tyler Wolfe for more information.

OPEN HOUSE CATECHESIS OF THE GOOD SHEPHERD

Saturday, February 25, from 9:00 am to 12:00 pm in the Holy Rosary Cathedral basement. Catechesis of the Good Shepherd (CGS) is a Montessori-based religious program for children ages 3-9 years of age. The atrium, or sacred space for spiritual growth, allows opportunities for children to interact directly and intensely with materials specially prepared by the Catechists and religious community. The atrium is not a classroom, but a place prepared for the child to fully receive God's love and feel His presence.

HRC FINANCES

Dear fellow parishioners,

Here is your report on last month's offertory collection, along with prorated budget and year-to-date offertory revenue.

Offertory Collection: December 2022	\$55,333
Prorated year-to-date budget	\$360,000
Actual year-to-date offertory revenue	\$359,384
Offertory collection shortfall-to-date	\$616

Thank you for your continuing and faithful support of your Parish, either through donations at Mass or by etransfer.

Your Finance and Parish Councils

HRC NOW ACCEPTS INTERAC E-TRANSFER



You can send your donations and mass offerings to us directly. Please utilize the message portion for transfer details and send it to holyrosary@myaccess.ca. Your e-

donation will be included in your annual tax receipt. Thank you for your continuing support of our parish.

MEMORIAL PAGE

Honour your deceased loved ones on this weekly memorial page.

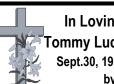
Cost is \$275 for the year.

Tax deductible receipt.

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In Loving Memory of Jorge, Martha & Claudia Camargo Love, Familia Camargo



In Loving Memory of Fommy Lucia Phonsavatdy Sept.30, 1916 – Dec. 2, 1998 by Family



In Grateful Memory of Gerald Frank Grill Bernadette Kutarna, Wife



In Loving Memory of Eugene Allan Hoffert Dec. 5, 1937- July 14, 2015 by Louise Hoffert & Family



In Loving Memory of Bob & Marian Harris love, Ana & Paige Harris



In Loving Memory of Rita & Hudson Mutimer

Chapple Family



In Loving Memory of
Herb & Toni
Young

ove, Marion, Barb, Sue & Ron



In Loving Memory of Bernardo & Porferia Hernando, Eutorgo Yap & Virgilio Reyes from The Hernando Family



In Loving Memory of All CWL Members (deceased) by the Holy Rosary CWL



In Loving Memory of Rob Heidt

Feb.11,1969 – Oct. 3, 2016 Love, Sarah, Nadia & Family



In Loving Memory of Edwin Fesser d. Nov. 3, 2015 Love, Louella & Family



In Grateful Memory of Lillian E. & Henry A. Kutarna by their Children



In Loving Memory of Trevor Miazga Courtney & Kyle Miller Love Grandma Alice



In Loving Memory of Tito Piezas, Jr. Feb. 16, 1927 – Jul. 22, 2021 Harris, Niere, Piezas Family



In Loving Memory of Christian Head and the victims of James Smith Cree Nation Chapple Family



In Loving Memory of
Shirley, Rosa, Vicente, Dulci
Concepcion & Fr. Manuel
ESCANLAR



In Loving Memory of Antonio & Ranel Valencia from Juganas Family



PRAYER
Lord, Jesus.
We repent of our sins.
Come into our hearts.
Wash us clean. You are
our Lord and Savior. Lead
us to our heavenly home.
AMEN.



In Loving Memory of Francis Edward Craig Penner Oct. 27, 2011 - Oct. 10, 2012 The Craig Penner Family



In Loving Memory of Alma Luzny May 16, 1930 – Oct. 19, 2017 by Luzny Family



In Loving Memory of Al Luzny Nov. 20, 1928 - May 28, 2012 by Luzny Family



In Loving Memory of Mariano, Elsie, Nestor, Emma, Shirley, Imelda & Regina RAFAEL



In Loving Memory of Debra Tuchscherer Nov. 17, 1963- Nov. 21, 2020 by Leo & Louise Tuchscherer & Families



In Loving & Grateful Memory of Ken MacKay June 22, 1937- July 10, 2021

June 22, 1937- July 10, 2021 The McCarthy Family



In Loving Memory of

GET READY!

Decorate a recucled container in which to collect donations throughout Lent. Bring the money you collect to uour parish's Solidaritu Sunday collection or donate online at devp.org/give.

UNLEASH YOUR CREATIVITY!

Choose a colour for each sumbol and colour uour calendar boxes:



When you see this icon, go to devp.org/lentcalendar or scan:

Share

Lent 2023



Development

and **Peace**

February 22 🛝 Ash Wednesdau

This Lent, let's pray for the courage to *Create* Hope for a better world.

February 23

How can we create hope? By caring for our sisters and brothers and taking action to show our solidaritu.

February 24 🚳

Pope Francis calls members of popular movements "social poets" because they have the courage to create hope.

February 25

To create hope that a world of justice will take root, sow a seed and watch it sprout.

March 5 Second Sunday of Lent

Prau that every person in our human family can live with dignity in a healthy environment.

March 4

Development and Peace stands with its partners as equals, Let's share with them. Support them by giving \$2.

March 3

Are there communities in your region that are defending their territories against threats from industries? How can you stand in solidarity with them?

March 2

The territories of several communities like the Mura of Brazil are threatened by mining companies, agribusiness or cattle ranching. Watch their testimonies.

1)(25)

March 1st 🐼

Stand in solidarity with the people defending their territories against industries that would destroy it to steal its resources.

February 28

What is a territoru? It is land where people live with forests, resources and waterwaus. This space also defines their culture. their way of life and their history.

February 27

Protecting the land is caring for it. Today, wear gloves and pick up the garbage you see on your way. Give \$1 for your good deed.

February 26 First Sunday of Lent

Pray that the Holy Spirit quides us in standing for the land and its peoples.

March 6

Colombia is home to nearly 10% of the Earth's biodiversity. It is also unfortunately a very dangerous country for people protecting their territories from mining and hydroelectric projects.

March 7

Raquel Soto, a Colombian peasant woman, is delighted to help preserve traditional ways of life in her territory by making documentaries. Discover her story.

March 8

International Women's Dau In Colombia, peasant women are

mobilizing to defend their lands after being driven out by armed conflict. Donate \$1 in support of courageous women around the world.

March 9

In Colombia, our partner ACA works with young people to build a culture of peace and respect for biodiversity through art, by creating videos and murals. Create a piece of art to honour peace and biodiversity.

March 10 📈

How do you show uour solidaritu? Do something to help a neighbour today.

March 11 It's baking time!

Make and sell some muffins to raise funds for Development and Peace! Every donation helps our partners

fight injustice. Thank you!



March 18

Donate 50¢ for every electronic device in uour home. Be sure to recycle them safely because they contain toxic pollutants.

March 19

Fourth Sunday of Lent

Pray that we are granted the

wisdom to sow beauty rather

than pollution and destruction.

March 17

In Honduras, our partner ERIC airs public-interest programs that help rural communities learn about and claim their rights. Take your turn to speak out against injustice.

March 20

March 16 .<?

If your community was threatened by the arrival of a polluting company, how would you defend your rights?

March 15

Give \$2 to support Development and Peace's partners like ERIC in Honduras, who help communities defend their rights.

March 14

Working with our Honduran partner ERIC, Elvin Hernández accompanies communities and investigates violations of their rights. Check out his story.

March 13

In Honduras, many people are threatened or prosecuted for resisting the exploitation of their territories by corporations.

3

March 12 Third Sunday of Lent

Pray for the people who protect their territory and live in harmony with nature.

What is solidarity? One could think of it as helping one's neighbour in a spirit of unity and acting together for the good of all. Reflect on your own definition.

March 21

Primaru school kids have spoken up for the planet! **Check** out what they said.

March 22 **World Water Dau**

Give 25¢ for every tap you turn on today (whether at home, in school or at work).



March 23

There are great and growing inequalities between the world's richest and poorest people. How could we live in a more just and equal world?

March 24

Last year, Development and Peace supported 86 projects in 40 countries. Donate 10¢ for every country supported.

March 25

Choose locally produced food and goods to reduce uour impact on the Earth.

March 26

Bring your donation iar to church for today's Solidarity Sunday collection or donate online at devp.org/give. THANK YOU!

Solidarity Sunday

'April 2 Palm Sundau

Let us pray for the courage to create hope and stand in solidaritu with those who are enduring unjust situations.

April 1st

For your next birthday, instead of gifts, ask for donations to Development and Peace, in solidarity with our sisters and brothers in the Global South.

March 31

Paint rocks with messages of justice, peace and love to create hope and raise awareness in your neighbourhood.

March 30 🛝

Pray that each and every one of us can live in dignity, peace and security.

March 29

What can you do in Canada to help change the structures that generate poverty and injustices in the Global South?

March 28

In Cambodia, our partner YRDP educates and empowers young people to become engaged and responsible citizens who act for justice, peace and democracy.

March 27

Watch the animated For our Common Home video. Do something to take care of the Earth.

April 3

We are all connected with one another. Act with respect for people, the land and future generations.

April 4 . ?

Has the seed you planted grown? With time, love and care, we can all grow, too!

April 5

Hope starts with a smile and a word of encouragement. It grows when we stand in solidarity with our sisters and brothers in the Global South.

April 6 Holy Thursday

Are you a Development and Peace member yet? Join us to help us spread solidarity.

April 7 Good Friday

Creating hope for a better world starts at home! Write or draw messages of hope in chalk in your drivewau, on sidewalks or in parks near your home.

April 8 **Holy Saturday**

Would your family want to Share Year-Round? Monthly **giving** supports our partners effectively and sustainably.

April 9 Happy Easter!

He is risen! May his rising inspire us to live as Jesus did, in love and solidarity, sharing with our sisters and brothers.

Thank you for your participation and generosity!





Archdiocese of Regina February 19, 2023

7th Sunday in Ordinary Time

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Pain

/pān/

In 1297 English, the word peyn came from Old French peine, which came from Latin poena meaning "punishment, penalty." In late Latin, it meant to torment, hardship and suffering. Greek ποινή (poine) with a general meaning of "price paid, penalty, punishment."

In 1644 Descartes' theory was that pain passed along nerve fibres as a disturbance that reached the brain. Descartes's and Avicenna's work evolved to the Specificity theory saw pain as "a specific sensation, with its sensory apparatus independent of touch and other senses." By the end of the 1800s, pain specificity was presented as fact.

Pain is an adaptive response that naturally protects our body from actual or potential injury. It is thought to be a signal from your nervous system that something is wrong. It is an unpleasant subjective sensation that may be constant, intermittent, sharp or dull, aches, tingling, burning, or stinging. It causes physical suffering or discomfort caused by illness or injury. There are differing opinions on whether pain is an emotion that results in mental suffering or distress. Pain is experienced differently by people.

Stewardship Bulletin Bit

"But I say to you, love your enemies and pray for those who persecute you..."Matthew 5:44

Love your enemies, easier said than done. But, remember, the foundation of stewardship is prayer. When we are in close communication with God, it opens our heart and it turns our attention away from "me" and moves it towards God and others. It changes my heart and actions, allowing for a little more empathy for "my enemy." When we pray for others, even our enemies, it may soften their hearts as well.

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Archdiocese of Regina RENEW Lent

RENEW your Lent with inspirational resources sent to your inbox each week, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news, text RENEWLENT to 514-900-0130, or email communications@archregina.sk.ca.

BEST LENT EVER



With Lent just around the corner, we wanted to let you know that the Archdiocese is doing something special to help you have the best Lent of your life. We will be participating in Dynamic Catholic's BEST LENT EVER program and we hope you will join us. It's completely free! Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca



TF336: Ecumenical Log Drivers with Bishop Bruce Myers OGS - Part 2

After overcoming some technical difficulties, we are pleased to offer part 2 of a Week of Prayer for Christian Unity lecture series offered through the sponsorship of St. Thomas More College, the Prairie Centre for Ecumenism, the Archdiocese of Regina, and Campion College featuring Bishop

Bruce Myers at Campion College in Regina.

Drawing on decades of reflection on ecumenical reception and formation, Bishop Myers presents an approach to teaching the practical and theological aspects of ecumenism in a way that is both holistic and pragmatic and offers the potential to raise up a new generation of church leaders who are also agents of reconciliation and Christian unity.

Watch Here: youtube.com/watch?v=DaxTcC9geoE Show Link: thinkingfaith.libsyn.com/ecumenical-log-driverswith-bishop-bruce-myers-ogs-part-2

Fasting Like a Refugee: A Lenten Call to Solidarity Lenten reflections based on the Sunday readings will be posted to our Facebook page and linked to our website. These could serve as journaling entries or as a conversation at supper. Please share and encourage others to participate. Read the introduction to the reflection series at: archregina.sk.ca/ newsstory/fasting-like-a-refugee-a-lenten-call-to-solidarity/



Full Time Archivist for the Archdiocese of Regina
The Archdiocese of Regina is seeking a full time
Archivist with a start date of Mid to Late March 2023.
For duties, responsibilities and qualifications, please
visit the job posting at: archregina.sk.ca/employment/
A letter for interest and resume may be sent to
lburkhart@archregina.sk.ca by March 7, 2023.
Additional inquiries can be sent to the same email.

CALLING ALL LAY FORMATION ALUMNI

A small group of recent Lay Formation Program graduates have come together to create a Lay Formation Alumni. We all shared a very important and life-affirming journey in the program. We share new skills and knowledge acquired in the program, and an ember has been carefully lit in each of us. The Archdiocese of Regina Lay Formation program has been working continuously since 1983. Since then, 591 people have been commissioned through the program, but, unfortunately, we do not have contact information for everybody.

If you are interested in being part of the Lay Formation Alumni, send your contact information to Aseret Ruiz at:

Email: Aseret.ruizp@outlook.com or Cell: 306-201-6317

SAVE THE DATE: We are planning an Alumni gathering Saturday, June 17, 2023 in Regina at Campion College.

Archdiocese of Regina Social Media and Catholic News

Facebook: facebook.com/ArchdioceseofRegina/

Twitter: @archioceseofreg Instagram: archdioceseofregina

YouTube: <u>youtube.com/archdioceseRegina</u>
ArchRegina Weekly Report: Signup for weekly
Catholic News at <u>archregina.sk.ca/news/</u>

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Fishing Lake First Nation is a Saulteaux branch of the Ojibwe Nation and is located southwest of Wadena, Saskatchewan. Originally from central Canada, they were part of the Yellow Quill Saulteaux Nation. Chief Yellow Quill signed an adhesion to Treaty 4 in 1876. In the 1880's, Yellow Quill Saulteaux First nation was separated into three reserves (Nut Lake, Fishing Lake, and Kinistino). Fishing Lake First Nation was officially recognized as a separate First Nation in 1907. The population is approximately 2,000 and members live on and off the reserve. The First Nation has a new K – 12 school and business ventures including a full service camp management company. Retrieved January 30, 2023 saskatoon.ca/sites/default/files/documents/community-services/planning-development/future-growth/urban-reserves-treaty-land-entitlement/fnp_fishinglake.pdf

LESSON TWELVE

If the Catechism presents Catholic doctrine in a organized way, is the context of that doctrine ignored? Example: God's relationship with his people.

God's "covenant" is evident throughout the Catechism and interwoven to provide a unified whole. While the content of some European catechisms are organized according to the "covenant," the text of the Catechism normally used in Canada makes regular references to God's relationship with his people.

Who is God? Qui est Dieu?

3 Minute Catechism Video: <u>archregina.sk.ca/group/catechetical-</u>support-parishes/

Read the Catechism Text: CCC#'s 198, 212, 293 & 314 Sacred Scripture: Romans 11.33 & 34, Micah 4.12, Proverbs 3.5, Mark 12.24, 1 Cor 2.14.

There is a teaching that it is not possible, on earth, for the human intellect to comprehend God in His fullness, but possibly seen at the Beatific Vision (visio beatifica).

St. Augustine: Sermon 67, #5: "Si comprehendus, non est Deus", or: if you comprehend it, then it's not God. The moment we think to understand God's plan in our life, is the moment we are wrong. God simply "IS" and beyond all understanding.

St. Thomas Aquinas: Summa Theologiae tackles "all things God" by providing theories of God's nature, such as: proof, existence and attributes of God. without defining "who God is".

Archdiocese of Regina 200 - 2151 Scarth Street (306) 352-1651

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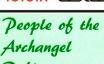












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