January 28, 2024

FOURTH SUNDAY IN ORDINARY TIME



HOLY ROSARY CATHEDRAL

Cathedral Church of the ARCHDIOCESE OF REGINA

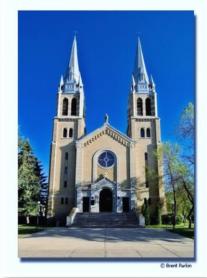
3125-13[®] Avenue, Regina, Saskatchewan, S4T 1P2

Holy Rosary Cathedral is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

Archbishop of Regina Coat of Arms

MISSION STATEMENT

We, the Catholic Community of Holy Rosary Cathedral Parish, under the Patronage of Our Lady, are called to be a caring, outreaching church, proclaiming and celebrating our faith with all who seek a relationship with Christ.



REGULAR MASS TIMES

Sunday	9 AM, 11 AM, 7 PM
Tuesday-Friday	9 AM
Saturday	9 AM
CONFESSIONS	
Saturday	8 AM

PASTORAL COUNCIL MEMBERS

Chairperson	Samira McCarthy
Past Chairperson	Rob Chapple
Pastoral Team	Rev. Danilo Rafael
	Deacon Barry Wood

Representatives:

noprocontativeo.	
CWL	.Shannon Chapple
Ecumenism	.Bronwyn Angley
Finance	.Jim Hall, Paul Malone
Knights of Columbus	G.K. Raul Roduta
Liturgy	.Bradley Hanowski
St. Vincent de Paul	Carol Schimnosky
Social Justice	.Bernadette Kutarna
Spiritual Life	Shannon Novak
Leaders: Parish Adjunct	
Catering	.Shannon Chapple
Children's Liturgy	.Miri Schiller
Good Shepherd Catechist	*Angela Montano Kids
for Christ	.Leah/Roel Ubongen
CFC-Youth	.Abie/Rene Reyes
Singles for Christ	
* inter-parochial	-

Most Rev. Donald Bolen Archbishop of Regina

Rev. Danilo Rafael Administrator/Rector

Rev. Scott Lewis, S.J. Sunday Ministry

Rev. Mr. Barry Wood Assisting Deacon

If today you hear his voice

harden not your hearts

PARISH OFFICE HOURS

Monday - Thursday 9 AM – 4 PM & Friday 9 AM - 1 PM Closed: Saturdays, Sundays, and Holidays Email: <u>holyrosary@myaccess.ca</u> Website: <u>www.holyrosaryregina.ca</u> FB: www.facebook.com/HolyRosaryReginaSK



Archdiocese of Regina

Coat of Arms

PARISH OFFICE 2104 Garnet Street Regina, SK S4T 6Y5 Tel: 306-565-0909 Fax: 306-522-6526 Hall: 306-525-5595

REGISTRATION NEW PARISHIONER or

CHANGE OF ADDRESS FORM Please complete this Form and place it in the Collection Basket

NAME

ADDRESS					
Postal Code					
Phone #					
Email					
I/We wish to have Church Offertory					
Envelopes Yes 🗆 No 🗆					
Automatic Debit?	Yes 🗆 No 🗖				
We also accept donations thru etransfer to: <u>holyrosary@myaccess.ca</u>					
Date:					

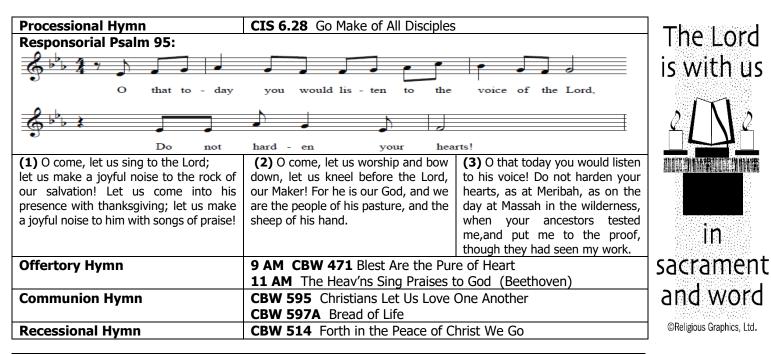
HOLY ROSARY CATHEDRAL

January 28, 2024

4th Sunday in Ordinary Time

Celebrant: Rev. Danilo Rafael

Lectors, EMHC, Cantors, and Music Ministry				
Readings:	Deuteronomy 18:15-20	1 Corinthians 7:32-35	Mark 1:21-28	
	9 AM	11 AM	7 PM	
Lector	Paul Malone	Greg Loziak	Don Morales	
EMHC	Aseret Ruiz Palacios	Deacon Barry Wood	Paul Canlas	
	Margaret Molloy	Pat Bohn	Susan Letourneau	
		Minerva Ugaban (choir)		
Cantor/Choir	Serena LaPosta	Patrice Krueger	Strings & Voices	
Music Director: Evanne Wilhelm AM Organist: Andrew Polasek Organ Scholars: Jessy Stroeder & John Fortowsky				



Masses For The Week					
Sun	Jan 28	MASSES	MASS OFFERING	REQUESTED BY	
-	J Mass 9 AM I r Missa Pro Populo (Mass for the People)			-	
Int	entions		🕆 Patricia Sowiak	Slaw Sowiak	
		11 AM	Special Intentions for Tavian Blaze Hernando	Jessica Hernando	
		7 PM	Speed Recovery for Jose Gomez Jr.	Jenneth Capule	
Mon	Jan 29				
Tue	Jan 30	9 AM	Sp. Int. for the descendants of John Riffel	Susan Klein	
Nenita & Alfredo Besañes			🕆 Nenita & Alfredo Besañes	Riza Parcon	
			🕆 Josefa & Honorato Parcon	Riza Parcon	
Wed	Jan 31	9 AM	Special Intentions for Rose De Bruyne	Lana Ramsay	
Thu	Feb 01	9 AM	☆ Laura Kuz	Regina Catholic Schools	
Fri	Feb 02	9 AM			
Sat	Feb 03	9 AM	Special Intentions for Carmen Head	Chapple Family	
			🕆 Oscar Montero-Tello	Nora Montero	

Grant us, Lord our God, that we may honor you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

"Brothers and sisters: I should like you to be free of anxieties." 1 Corinthians 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this – use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

SACRAMENTAL CLASSES

First Eucharist/Confirmation classes begin on Thursday, February 22 at 6:00 pm in Holy Rosary Cathedral Hall.

THANK YOU FROM SOCIAL JUSTICE

"Thank you to all who donated things for the family, and thank you to people who have already dropped things off. The extremely cold weather stalled delivery of a few things, but this weekend, we hope to be caught up. Thank you to the two fellows who have agreed to pick up the large piece of furniture. Delivery is this weekend. Blessings!"

SOCIAL JUSTICE

We are looking for gently used toys in good condition are needed for very young children (a baby and preschoolers). Also needed are some of the warmest winter clothing that can be had for the children as well as for their mother (size medium). Please call Bernadette 306-525-0049 or 306-537-4158. Thanks!

COMMUNITY FRIDGE MEETING

On February 1 at 6:30 pm there will be a Community Fridge Meeting at the Cathedral Community Association. Everyone is welcome!



DEVELOPMENT AND PEACE SHARE LENT WORKSHOP

Will be in Regina on Saturday, February 3 at 1:00 PM, Holy Child Parish, contact Marian Grady: mariangrady@sasktel.net

CIRCLING THE TEXT: A CRITICAL APPROACH TO THE GOSPELS

Join Fr. Scott Lewis, SJ for an online non-credit course that will explore various methods of examining scripture through the lens of modern critical research. Tuesdays from 10 to 11 am. January 30 and February 6, 13, 27. To register contact Campus Ministry at 306-550-5293.

ASH WEDNESDAY MASSES AT THE CATHEDRAL



You can drop off your palms from last year in the bin at the back of the Church. The palms are burned to use as ashes on Ash Wednesday.

Ash Wednesday, February 14.

Masses are as follows:

9:00 am – Presider: Fr. Dan Rafael

10:00 am – Presider: Fr. Dan Rafael. Holy Rosary School Mass. All parishioners & visitors are welcome. 7:00 pm – Presider: Archbishop Donald Bolen

STATIONS OF THE CROSS

Friday, February 16 at 6:00 pm and will continue every Friday until March 22 inclusive.

Spend an afternoon with Regina Philharmonic in a HYMN SING themed concert!

Sing along with a full choir of over 100 voices singing beloved Christian Hymns & listen to beautiful sacred music! This afternoon of praise is not to be missed! Come enjoy some homemade treats, and uplifting music. Sunday Jan. 28th 2:30PM at Knox Met United Church. Tickets available at the door or at reginaphilharmonic.com for \$25.

REGINA PRO LIFE ASSOCIATION

Is calling on all parishioners to participate in the Green Ribbon Sunday Campaign, which remembers the Morgentaler decision of January 28, 1988, when the Supreme Court of Canada struck down all laws regarding abortion. Since then, there have been more than 4 million abortions in Canada. Please pick up a green ribbon/bookmark which are available at the church entrances. We encourage you to wear them for at least the following weekend of January 27/28. The bookmarks include a praver for the end to abortion that we kindly ask you to pray daily. Thank you for supporting life!

COUPLES FOR CHRIST

Invites you to Christ the King Parish on Friday, January 26 from 6 to 9 pm. The theme is *Road Trip 10* things to do after I do. For more information, please contact one of the following couples: Geoff and Edel Franco (306-502-6645) Randell & Jet Trapane (306-581-3897) or Cris and Rowena Masaoay (306-537-2883).

HRC FINANCES

Dear fellow parishioners, Here is your report on last month's offertory collection, along with prorated budget and year-to-date offertory revenue.

Offertory Collection: November 2023	\$25,937
Prorated year-to-date budget	\$348,333
Actual year-to-date offertory revenue	\$318,770
Offertory collection shortfall-to-date	\$29,563

Thank you for your continuing and faithful support of your Parish, either through donations at Mass or by etransfer.

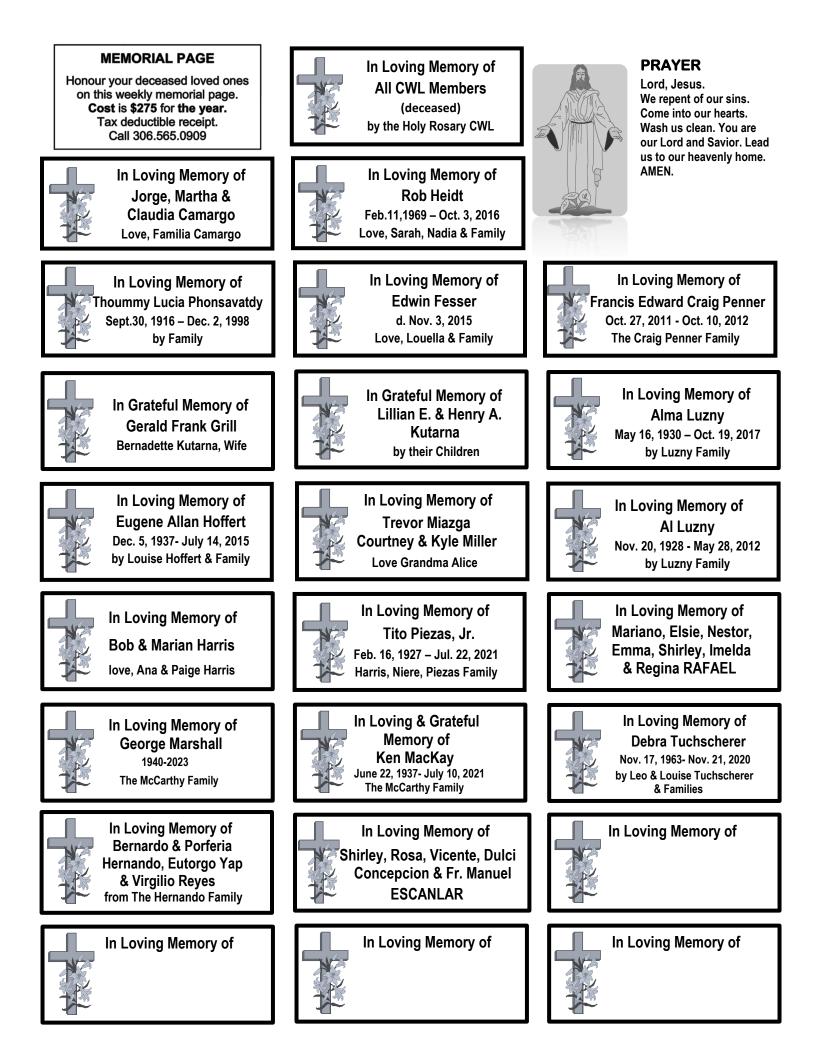
Your Finance and Parish Councils

HRC NOW ACCEPTS INTERAC E-TRANSFER



You can send your e-donations and mass offerings to us directly. Please utilize the message portion for transfer details and your mailing address and send it to

holyrosary@myaccess.ca. Your e-donation will be included in your annual tax receipt. Thank you for your continuing support of our parish.





TF# 384 - Communities of Care: Catholic Parishes and **Mental Health Peer Support**

This week on Thinking Faith Deacon Eric Gurash discusses the ways that spiritual peer support can help navigate mental health challenges and the role our parishes and Catholic social teaching can play in building caring, supportive communities. Show Snippet: "Our parish communities are uniquely positioned to walk with others, offering prayer-filled support that can rebuild self-esteem and confidence often undermined by experiences of mental illness through a focus on mutuality, self-determination, respect, dignity, equity, and belonging." Find out more about the Archdiocese of Regina's Emmaus Family Support mental health ministry at emmaussupport.ca. thinkingfaith.libsyn.com/communities-of-care-catholic-

parishes-and-mental-health-peer-support

Emmaus Family Support

1 in 4 families experience mental health challenges. If you're looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through. Visit emmaussupport.ca or contact Deacon Eric Gurash at emmausmentalhealth@gmail.com or 306-721-6724 to learn more.

Engaged Encounter Weekend

An Engaged Encounter Weekend gives couples planning marriage the opportunity to dialogue honestly and intensively about their future lives together. The weekend is designed to deepen and enrich relationships with one another, God, the Church and the World. Couples are given opportunities to learn more about one another as they engage in deep and meaningful discussions dealing with all aspects of married life. Our next weekend at St. Peter's Abbey in Muenster, Saskatchewan is April 26-28. Cost is \$480 for the weekend and this includes all meals and accommodations. All registrations are done online by visiting www.ceewest.com. Contact Lynn and Wanda Freistadt for further information at ceemuenster@sasktel.net or 306-373-8607

Development and Peace Share Lent Workshops

•Regina: Saturday, February 3 at 1:00 PM, Holy Child Parish, contact Marian Grady: mariangrady@sasktel.net

•Yorkton: Sunday, February 4, following 11:00 AM mass and light lunch, St Gerard's Parish, contact Mark Bell: jmbell@sasktel.net •Assiniboia: Saturday, February 24th at 1:00 PM, St George's Parish, contact Susan Robinson: susanmr@sasktel.net

Lay Formation Auditing

Don't let distance hold you back! Our Lay Formation program welcomes auditors from all around the Archdiocese of Regina both in-person and online. For a nominal fee per class you can engage with our thought-provoking classes online and enrich your spiritual journey. Auditing does not require the completion of additional reflections or assignments, and audited classes do not count toward program completion. Follow the link for more information and embark on a path of knowledge and growth. archregina.flocknote.com/signup/134383

Contemplative Listening A Formation Program for the Ministry of Spiritual Direction

Facilitated by Archdiocese of Regina Spiritual Directors Group. This two-year program, September 2024 to June 2026, is limited to twelve persons who will meet once a month for ten months each year. It will include some retreats. If you believe you are a possible candidate for this program and would like more information and an application form, contact Karen Ziegler (306) 527-2738 email: k.ziegler@sasktel.net or Dennis Ziegler (306) 539-7134 email: d.ziegler@sasktel.net before March 1, 2024. For more information visit archregina.sk.ca/group/ spiritual-direction/







marriage preparation and marriage retreat FEBRUARY 10 2024

Stewardship Bulletin Bit

"Brothers and sisters: I should like you to be free of anxieties."- 1 Corinthians 7:32 How much anxiety do we bring upon ourselves by constantly

worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need. Try this - use the word "pray" instead of the word "worry" in the future. Then spend your time praying instead of worrying.

The Archdiocese of Regina is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



FEBRUARY 2024

HOLY ROSARY CATHEDRAL



3125 – 13th Ave., Regina, SK S4T 1P2 | Parish Office: 2104 Garnet Street, Regina, SK S4T 6Y5 Office: (306) 565-0909 | Fax: (306) 522-6526 | Hall: (306) 525-5595 | Email: <u>holyrosary@myaccess.ca</u>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
St	Starting February	lay , February 14 16th till March 22nd Every Friday at 6:00	pm	Mass 9:00 am 8:00a Adoration 10:45a-1:45p Barbara 0:00p-5:00p Jessy 3:30p-9:30p LP's Pryr Grp (C)	2 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 11:00a-2:15p Barbara O.P.	3 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 10:00a Baptism 11:00a-5:00p CFC-CLP (H) 3:00p-7:00p Barbara O.P.
 5th Sun in Ord. Time 9:00a Mass 11:00a Mass 12:30p Baptism Hall is Reserved 7:00p Mass 	5 No Mass 10:00a-1:00p Jessy O.P. 2p-3p C Outreach Regina (S)	6 Mass 9:00 am 8:00a Adoration 11:00a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 7:00p-9:00p Andrew O.P.	7 Mass 9:00 am 8:00a Adoration 9:30a-11:30a RCW (O'Neill) 10:00a-1:00p Jessy O.P. 1:15p-3:15p Barbara O.P.	8 Mass 9:00 am 8:00a Adoration 11:00a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 6:45p-8:15p Choir REH (Loft) 8:30p-9:30p LP's Pryr Grp (C)	9 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 11:15a-2:15p Barbara O.P. 5:00p-9:00p Hall is Reserved	10 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 6:00p-10:00p ANCOP (H)
11 6th Sun in Ord. Time 9:00a Mass 11:00a Mass 7:00p Mass	12 No Mass 10:00a-1:00p Jessy O.P.	13 Mass 9:00 am 8:00a Adoration 11:15a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 7:00p-9:00p Andrew O.P. 7:00p-9:00p Pastoral Mtg. (S)	14Mass9:00 am ASH WEDNESDAY8:00aAdoration9:30a-11:30aRCW (O'Neill)10:00aAshWednesdayMass (Holy Rosary School)7:00pAshWednesdayMass	15 Mass 9:00 am 8:00a Adoration 11:00a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 6:45p-8:15p Choir REH (Loft) 8:30p-9:30p LP's Pryr Grp (C)	16 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 10:00a Holy Rosary Sch Mass 11:15a-2:15p Barbara O.P. 6:00p Stations of the Cross	17 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 10:00a Baptism Wedding Hall is Reserved
18 1st Sunday of Lent 9:00a Mass 11:00a Mass 3:00p Rite of Election Hall is Reserved 7:00p Mass	19 No Mass All Day Church/ No Hall Use Reserved for RSO Set up RSO Concert	20 Mass 9:00 am 8:00a Adoration 10:45a-2:45p Barbara O.P. 2:45p-5:00p Jessy O.P. 7:00p-9:00p Andrew O.P. 7:00p-9:00p Finance Mtg. (S)	21 Mass 9:00 am 8:00a Adoration 9:30a-11:30a RCW (O'Neill) 10:00a-12:15p Jessy O.P. 12:15p-3:15p Barbara O.P.	22 Mass 9:00 am 8:00a Adoration 10:45a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 6:30p Sacramental Prep (H) 6:45p-8:15p Choir REH (Loft) 8:30p-9:30p LP's Pryr Grp (C)	23 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 10:45a-2:15p Barbara O.P. 6:00p Stations of the Cross	24 Mass 9:00 am 8:00a Adoration 8:45a-12:15p CGS (Clubroom) 1:00p-5:00p CFC E-Rally (H) 3:00p-7:00p Barbara O.P.
25 2nd Sunday of Lent 9:00a Mass 11:00a Mass 7:00p Mass	26 No Mass 10:00a-1:00p Jessy O.P. 2p-3p C Outreach Regina (S)	27 Mass 9:00 am 8:00a Adoration 9:00a-12:00p CWC (Hall) 10:45a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 7:00p-9:00p Andrew O.P.	28 Mass 9:00 am 8:00a Adoration 9:30a-11:30a RCW (O'Neill) 10:00a-1:00p Jessy O.P. 1:15p-3:15p Barbara O.P. 6:00p-10:00p Hall is Reserved	29 Mass 9:00 am 8:00a Adoration 11:00a-1:45p Barbara O.P. 2:00p-5:00p Jessy O.P. 6:45p-8:15p Choir REH (Loft) 8:30p-9:30p LP's Pryr Grp (C)	Every Thursda	ommunion Visit ay at 10:30 am way Feb 5-9

CFC-Couples/SFC-Singles/KFC-Kids For Christ | CWC-Christian Women's Club | RCW-Regnum Christi Women | CGS-Catechism of the Good Shepherd | REH-Rehearsal | O.P. Organ Practice | C-Church | H-Hall | S-Sacristy